

Agavita Group Spa Selections

We want to make sure your guests are taken care of. Below are some suggestions for relaxing activities that can be set up for your group in addition to our menu of spa services.

Yoga Class

A wonderful way to exercise and relax. A group introductory class is a great way to learn relaxation and breathing techniques.

Chair Massage

We bring the massage to you in a break-out room, on the 9th hole on the golf course, or on rest breaks during a day of meetings. Your guests do not change into a robe.

Brain Ease Breaks

We can bring our therapists into your meeting and create a relaxing environment. Your guests do not need to move out of their seat. Some examples of our Brain Ease ideas

- 1 minute scalp massage, 2 minute scalp & neck & massage or 4minute scalp/neck & shoulder massage (Based on the size of your group and length of the break time, we bring in therapists to work on each of your guests as they rotate through the room)
- A spa therapist demonstrates stretches to help work related headaches/stress
- A spa therapists does a deep breathing break with your guests
- Personal aromatherapy - Our therapists introduces a selection of essential oils for each person to select from to create a relaxing blended product for each persons' needs. This is a hands-on activity that begins working as soon as they try the essential oils.

We have a creative staff to help you create a new experience for your guests. Just let us know about the attendees, the time available and we will come up with some ideas for you.

Group Blocks

We can block time at the spa for just your group. Blocked spa hours must be guaranteed for payment whether the individual or group is paying for services.

Individual Bookings

If you prefer attendees to make their own arrangements, we are happy to accommodate them based on availability. The spa team can send private emails to your attendees with the menu and reservation form.

Group Discounts

A group discount is available for 20 or more full treatments. Group discounts are for reservations booked through the group contact and confirmed at least seven days in advance.

Spa Baskets

Available for groups, our signature products and custom blended products can be assembled for your participants.